RIO LINDA ELVERTA LIONS CLUB
TWIN RIVERS POLICE DEPARTMENT
TWIN RIVERS POLICE OFFICERS ASSOCIATION

presents

RIO LINDA ELVERTA LIONS CLUB
2010

Mutt Strut

9am – 1pm
Saturday September 25th 2010

Freedom Park
by the Aerospace Museum
Freedom Park Dr @ 32nd St
in North Highlands

$20 Ticket Includes a T Shirt
Pre Registration Deadline is September 10th 2010

Come Meet
K9 Officer "Bart"

Attractive

Food!

Safety!

Fun!

PROCEEDS UP TO $25000 WILL GO TOWARDS A POLICE DOG FOR THE TWIN RIVERS POLICE DEPARTMENT.
NO DISTRICT STAFF WERE LAID OFF DUE TO THIS PROGRAM.

Kids Race
2K Run Walk
Agility Course
Doggie Frisbee
Police K9 Training Demos
Contests for Best Costume, Cutest Dog,
Ugliest Dog and Looks Most Like Owner
**LIABILITY WAIVER**

I understand that participating in the Rio Linda Elverta Lions Club Mutt Strut 2010 on Saturday September 25th, 2010, includes an element of risk for both myself and my dog. I should not participate unless the dog and I are properly conditioned. I agree to abide by any decision of an event official relative to the dog’s and my ability to complete the event safely and I further agree that event officials may authorize necessary emergency treatment for me or my dog. I also understand that both vehicle and spectator traffic may be present at the course and I assume the risk of participating under such conditions. I further assume any and all risks associated with participating in this event including but not limited to illness, traveling to and from the event, falls, contact with spectators, other participants or dogs, the effects of weather (including temperature extremes and humidity) and the surface conditions of the roads and pathways; all risks being understood and appreciated by me.

I also affirm the participating dog has/have a current license and rabies vaccinations. I agree to abide by all rules of the event. Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry fee, I hereby for myself, my heirs, my executors, administrators or anyone else who might claim on my behalf, covenant not to use, and waive, release and discharge the Rio Linda Elverta Lions Club, North Highlands Park District, Twin Rivers Unified School District, Twin Rivers Police Department, Twin Rivers Police Officers Association, event officials, volunteers, and other sponsors, suppliers, agents, employees of any and all liability of any kind whatsoever arising out my participation in this event, though the liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver. I also understand that any sponsor may subsequently use, for publicity or promotional purposes, my name or photograph of me or my pet without my permission and without assuming liability or obligation to me. Entries from minors will only be accepted with a parent or legal guardian’s signature.

I have read and understand the above statement and have also filled out the above contact information.

<table>
<thead>
<tr>
<th>RULES FOR HUMANS</th>
<th>RULES FOR DOGS</th>
<th>HELPFUL HINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLEASE clean up after your dog.</td>
<td>You must wear current ID and license tags.</td>
<td>Just has humans get their doctor’s OK before starting an exercise program,</td>
</tr>
<tr>
<td>Only bring your dog if they like being around other people and dogs.</td>
<td>Ready to run? You may be too young or too old.</td>
<td>dogs may need clearance from their vets, as well. Your dog may have</td>
</tr>
<tr>
<td>Keep your dog on a 6’ or shorter leash at all times.</td>
<td>If you’re young, wait until you’re full grown (6 months or older) so you don’t</td>
<td>underlying problems or existing health issues that may be exacerbated by</td>
</tr>
<tr>
<td>For your safety, please limit yourself to walking or running with only 1 dog.</td>
<td>damage growth plates. If you’re old, make sure you’ve trained to</td>
<td>too much exercise. Make sure your dog’s vaccinations are current. Exposure to</td>
</tr>
<tr>
<td>Only run/walk the course only if you and your dog are in adequate physical</td>
<td>not risk injuries.</td>
<td>other dogs increases your dog’s risk of disease.</td>
</tr>
<tr>
<td>condition.</td>
<td>No off leash allowed!</td>
<td>Out of shape? You can’t run non stop for a long time without building up to</td>
</tr>
<tr>
<td></td>
<td>Stay on your 6’ or shorter leash at all times!</td>
<td>it and neither can Fido! Start slow with 20 minute walks alternated with 2</td>
</tr>
<tr>
<td></td>
<td>Don’t come if you don’t like people or other dogs!</td>
<td>minutes of running.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Rover doesn’t wear shoes. Paws can bruise on asphalt. Soft is better.</td>
</tr>
</tbody>
</table>

**VENDOR AND CORPORATE SPONSORSHIPS ARE AVAILABLE.**

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**RULES FOR DOGS**

- You must wear current ID and license tags.
- Ready to run? You may be too young or too old. If you’re young, wait until you’re full grown (6 months or older) so you don’t damage growth plates. If you’re old, make sure you’ve trained to not risk injuries.
- No off leash allowed!
- Stay on your 6’ or shorter leash at all times!
- Don’t come if you don’t like people or other dogs!

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**HELPFUL HINTS**

- Just has humans get their doctor’s OK before starting an exercise program, dogs may need clearance from their vets, as well. Your dog may have underlying problems or existing health issues that may be exacerbated by too much exercise. Make sure your dog’s vaccinations are current. Exposure to other dogs increases your dog’s risk of disease.
- Out of shape? You can’t run non stop for a long time without building up to it and neither can Fido! Start slow with 20 minute walks alternated with 2 minutes of running.
- Rover doesn’t wear shoes. Paws can bruise on asphalt. Soft is better.